

## Ingredients

1 lb. organic grass fed ground beef or turkey  
4 cups fresh spinach, chopped  
1-small sweet onion, chopped  
1/3 cup gluten free oats  
4oz. crumbled feta cheese  
2 eggs  
1 tsp dried oregano  
1 tsp minced garlic  
1/4 black pepper

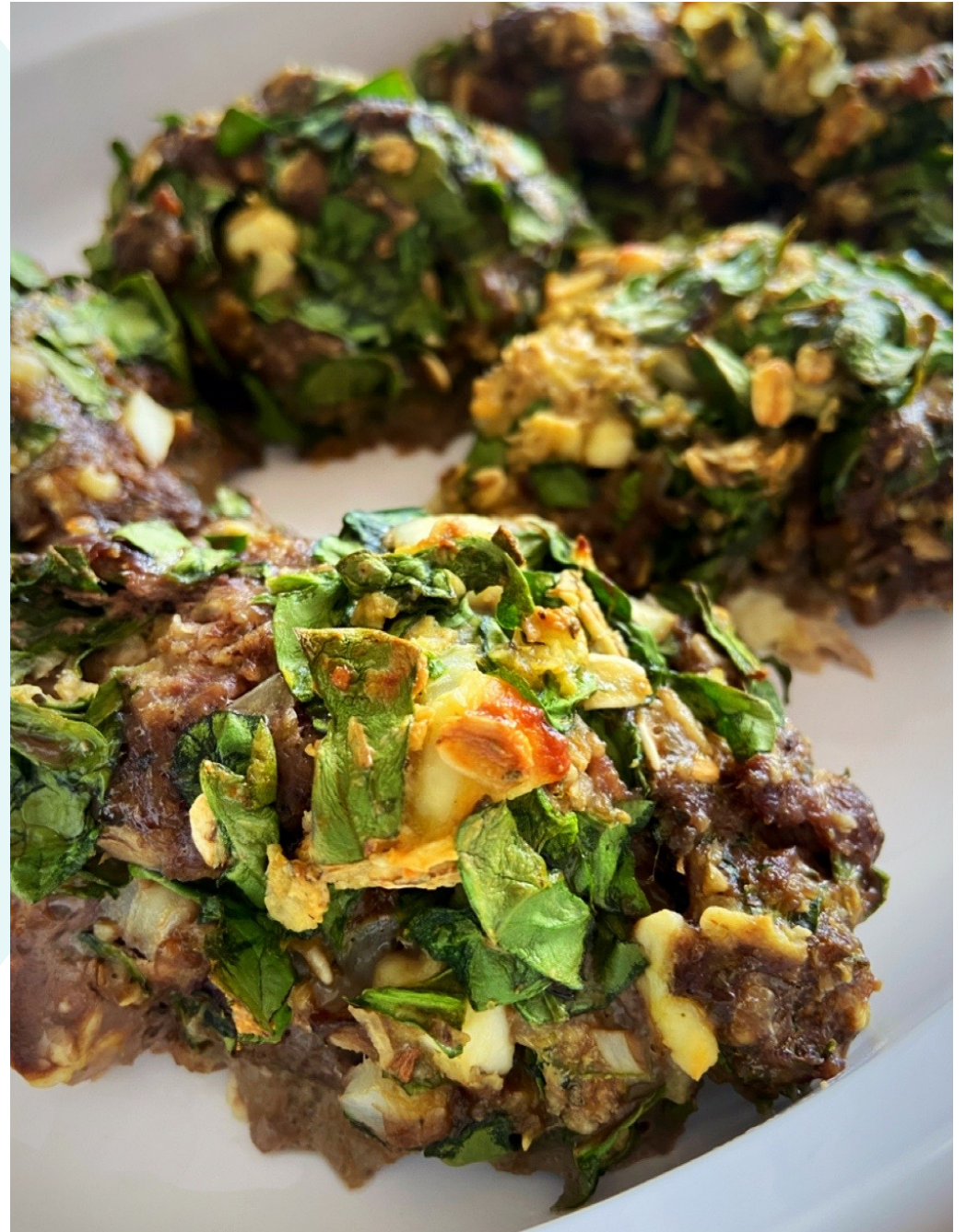
Preheat oven to 350°

Spray baking pan with olive oil.

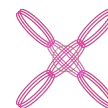
In medium bowl, mix all meatloaf ingredients and shape into 6-8 mini loaves.

Bake for 38 minutes or until no longer pink in center of the loaves. Let stand in pan for 5 minutes.

## Greek Mini Meatloaves



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